

3/3/3 Rule for Cats

It doesn't happen overnight! The 3/3/3 rule is a general guideline for the adjustment period of a pet after adoption. Every pet is unique and will adjust differently. Please have patience and allow your new pet time to settle in.



3 DAYS to decompress

- Feeling overwhelmed
- May feel scared or unsure of what's going on
- Not yet comfortable to be 'themselves'
- May not want to eat or drink
- Shuts down and/or hides under furniture
- Tests the boundaries



3 WEEKS to learn your routine

- Starts settling in
- Feels more comfortable
- Realizes this could be their forever home
- Figures out their environment
- Gets into a routine
- Lets their guard down; beginning to show their true personality
- Behavior issues may appear



3 MONTHS to start to feel at home

- Finally feels completely comfortable in their new home
- Begins to build trust and a true bond
- Gains a complete sense of security with their new family
- Sets into a routine